



TENERIFFIC™ EMBROIDERY INSTRUCTIONS

Welcome to an exciting new technique in the needlearts - Teneriffic™ embroidery. Teneriffe embroidery has been around a long time, and many of the same techniques used in regular Teneriffe embroidery are taken from teneriffe lace, a needle made sun lace that can trace it's origin back to the 16th century! Until now, Teneriffe could only be stitched after an elaborate process of tracing or measuring, or through the removal of threads from the material and weaving the designs into it. Through a unique approach to an old craft, we here at Pegasus Originals, Inc., have attempted to simplify the technique and give it many applications previously unthought of, while retaining its elegance and simplicity. Follow these simple directions step by step, and you will be delighted with how very easy Teneriffic™ embroidery really is!

You will need:

- 14 count ivory Aida cloth approximately 6" by 6"
- #20 Tapestry Needle
- Six strand embroidery floss, yellow for wings and rust brown for body and letters. You may vary this to your taste.
- Plastic hoop for stitching and finishing
- Pre-gathered lace

PLEASE READ ALL DIRECTIONS BEFORE BEGINNING!

In Teneriffic™ Embroidery, whether you stitch a wing or a flower is determined on how you first lay down your foundation spokes, indicated on the chart by the straight lines. This designs will teach you the wing. Our designs in book 119 Teneriffic™ will teach flowers and wings of birds, swans and a Pegasus. The Teneriffic™ stitch is done simply by weaving your threaded needle over and under the spokes!

TO BEGIN:

1. **PREPARE EDGES.** To prepare material for stitching, machine stitch or whip stitch by hand around edges of fabric with sewing thread to prevent raveling.

2. **CENTERING DESIGN.** Determine the center of your fabric by measuring, or by folding the fabric in half two times; lengthwise, then crosswise. Mark your center by creasing the folds, or by basting a temporary guideline of thread. Do not use a pencil or pen to mark the center, as this will show when you are finished and is difficult to remove. The center of the chart is indicated by the arrows.

3. **FLOSS.** Six strand, 100% cotton embroidery floss is needed: separate and use three strands for the needleweaving, and two for backstitching the letters.

4. **KNOT.** To begin, thread the needle with three strands of floss, and knot one end of the floss. Make sure the knot is large enough so that it will not "pop" through the fabric once you start weaving. Place the fabric in a hoop so that fabric is tautly stretched. The lines drawn on the chart each end in a dot. This dot indicates where your needle should enter or leave the fabric to lay down the spokes. On the wings, the spokes originate from the same point, so that the needle must pass through this one hole many times.

5. To form the butterfly's wing you would use three strands of the yellow floss, and after finding the center of both the chart and the fabric, count up and over on both the chart and the fabric (each square on the chart equals one square on the fabric) until you are at the dot marked #1.

6. **LAYING THE SPOKES.** To begin laying the spokes in the wing design, cut a 36" to 40" length of floss and separated into two three strand pieces. Using your tapestry needle, bring the needle out from the back of the fabric at the hole marked #1. Then cross over the surface of the fabric and push the needle through to the back of the fabric at the hole marked #2. Next, bring the needle out from the back of the fabric to the front at hole marked #3. Cross over the surface of the fabric and insert the needle through to the back at hole marked #1. Come back out to front at hole marked #4, then through to back at #1. Continue laying spokes in this manner, always returning to hole marked #1. Make sure that the spokes are lying flat on the surface of the fabric, without being too loose or so tight that they pull the holes. Continue, until all of the spokes have been completed. Do not fasten thread off yet! Refer to the chart for this design for actual spoke layout.



Illustration 1 - Laying the Spokes

7. **WEAVING THE WING.** Bring your needle out from the back underneath the spokes, so that you will be unable to see where the thread originated when you finish your design. If you do not have much thread left on your needle after laying the spokes, then finish thread off securely to back, rethread needle with three strands of yellow, knot one end of thread and bring through from back. Bring the thread over one of the outside spokes (#2, for example) then go under #3, over #4, under #5, etc. When you get to the other end spoke, simply turn and go over the spokes you went under, and vice-versa.

8. **CONTINUE.** After the first few complete passes over these spokes, weave the needle through, and holding spokes under the tip of your thumb, push the flat of the needle toward the center of the design. This will cause the first few woven stitches to lay flat against each other. You may need to weave the needle over and under several spokes, and push down; then weave over and under the next few spokes in sequence, and push down, etc. Please see Illustration 2.

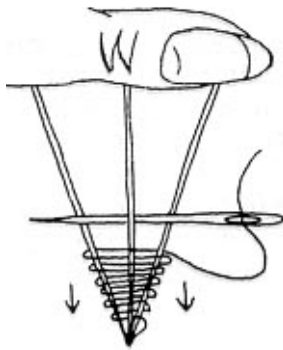


Illustration 2

You want to take care not to let the woven thread get loose and buckle out either on the end spokes or in the center. In order to keep the weaving snug, you will have to keep a slight tension on the thread when you pull it through the spokes. If you pull too tightly, this will pull in the outside spokes into a really accentuated curve. A gentle curve in the outer spokes is desirable in the wings.

9. Weave until you run out of spoke. Spokes #8 through #11 continue out a little further than do the others, just weave these together when you have reached that point.

10. For the body of the butterfly, weave the three separate spokes (at the bottom between the wings) using three strands of rust colored floss.

11. Backstitch the antennae and the letters using two strands of rust floss. See Illustration 3 for backstitching .

12. **BACKSTITCHING.** Backstitch letters using two strands of rust floss. This is a straight stitch used to create a straight line. Begin by bringing the needle out from the back of the fabric at point A then back in at point B. Out at C, back in at D; out at E, in at F, etc.

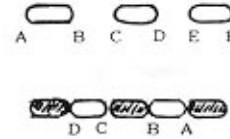
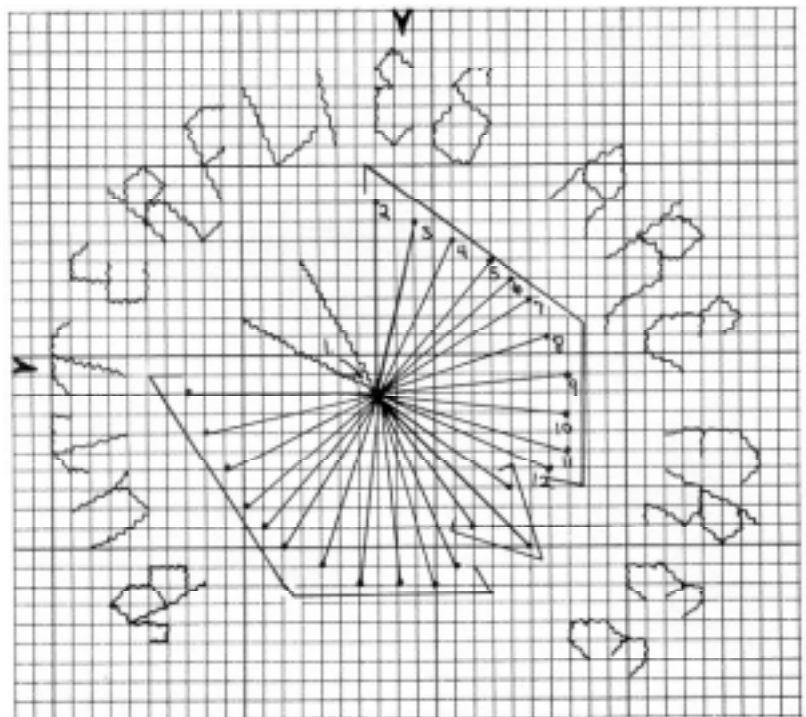


Illustration 3 - Backstitching

FINISHING THE COMPLETED DESIGN

1. Once you have finished stitching your design, wash, if needed, in mild detergent and warm water. Iron dry face down on a towel.
2. Center stitched design in a hoop . Carefully take outer hoop off of design, leaving inner hoop in place. Spread a thin line of white craft glue on the inside edge of the hoop. You may then carefully remove inner hoop (the hoop should leave an impression so it will be easy to put back) and place a small amount of white glue on the outer edge of the inner hoop. Carefully place outer and inner hoop, with glue, back on the fabric, with the inner hoop placed underneath the fabric and the outer hoop on top. Let dry.
3. Trim the excess fabric from the back of the hoop, as close to the hoop as possible.
4. Glue lace to the back of the hoop, overlapping edges of lace. Let dry. Now all you have to do is find a special spot in which to hang it, or give it to that special friend. Enjoy!

Teneriffic™ “Butterflies Are Free” Chart



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Visit our website
www.pegasusor.com
 for more on Teneriffic™

Our second book of Teneriffic™ designs combines counted cross stitch with Teneriffic™. The designs feature swans and hummingbirds with woven wings, a Pegasus with woven wings and then lots of woven flowers around a cat, a vine wreath and several woven holly leaves on a Christmas pillow.

If you enjoyed doing Teneriffic™ and want to try some more, ask for our Teneriffic™ Christmas Stocking Ornament leaflet # 306 which has complete instructions for a great little stocking with several woven holly leaves and French knot red berries.

Front Cover shown:



Swans are shown on back cover.

Pegasus Originals, Inc.
129 Minnie Fallaw Rd.
Lexington, SC 29073-8226
803-755-1141
pegasus@pegasusor.com
www.pegasusor.com

